

For more information and support
Scottish Women's Rights Centre
Mon 2-5pm, Tues 6-8pm, Wed 11am-2pm,
Fri 10am-1pm: 08088 010 789

Amina (BME women's support)
Mon-Fri 10am-4pm: 0808 801 0301

Hemat Gryffe (BME women's support)
24hrs: 0141 353 0859

LGBT Health and Wellbeing Helpline
Tues & Wed 12-9pm: 0300 123 2523

VIOLENCE AGAINST WOMEN SEXUAL HARASSMENT

Equally Safe at Work is an accreditation programme advancing gender equality and preventing violence against women.

www.equallysafeatwork.scot
www.closesthegap.org.uk



Published July 2019

EQUALLY SAFE AT
WORK

About sexual harassment

Sexual harassment creates an intimidating, degrading, and hostile working environment. Most women who experience sexual harassment will not report it out of fear of being blamed or not being believed, feeling embarrassed or it being dismissed as 'banter' or 'flirting.'

Examples of sexual harassment include:

- Unwanted touching.
- Sexual comments about your body or clothes.
- Unwelcome jokes of a sexual nature.
- Showing or sending inappropriate images and/or messages.

Impact of sexual harassment on the workplace

Women report that sexual harassment has a negative impact on their mental health, making

them less confident at work, and causing them to avoid certain work situations in order to avoid the perpetrator. Sexual harassment can have serious psychological, professional and financial impacts which can diminish work performance. It creates an environment where women do not feel safe or valued at work which can prevent them from applying for promoted posts. It also causes some women to leave their jobs.

