


FLOWCHART FOR SELF-ISOLATION GUIDANCE IN SCOTLAND FROM 6 JANUARY 2022

Self Isolation Pathway	Scenario 1: Asymptomatic positive LFD test	Scenario 2: You have symptoms of Covid-19	Scenario 3: Close contact (Older than 18 Years and 4 Months and not fully vaccinated)	Scenario 4: Close contact (Younger than 18 Years and 4 Months* or fully vaccinated)
	You have tested positive using a lateral flow device (LFD) test.	You have tested positive or negative using a lateral flow device (LFD) test.	You have been identified as a close contact of someone who has a positive LFD or PCR result.	You have been identified as a close contact of someone who has a positive LFD or PCR result.
	You have no symptoms of Covid-19, at the time of taking a test.	You have symptoms of Covid-19, at the time of taking a test.	You are older than 18 years and 4 months and not fully vaccinated (three doses of an <u>approved vaccine</u> at least 14 days before you saw the person who was positive).	You are younger than 18 years and 4 months* or fully vaccinated (three doses of an <u>approved vaccine</u> at least 14 days before you saw the person who was positive).
	You should <u>report your test result</u> . You should only <u>book a PCR test</u> if you wish to apply for the <u>Selfisolation Support Grant</u> .	You should <u>report your test result</u> . You should book a <u>confirmatory polymerase chain reaction (PCR) test</u> , regardless if you tested negative on an LFD test.	You should self-isolate for 10 days and <u>book a PCR test</u> . Even if your test result is negative, you should complete the 10 day self-isolation.	You can take daily LFD tests for 7 days rather than self-isolating as long as the results are negative and you remain without symptoms. ✘ If you obtain a positive test but have no symptoms during that period, you should revert to Scenario 1 . ✘ If you obtain a positive test and have symptoms of Covid-19 you should revert to Scenario 2 .
	You should immediately self-isolate from the date of your test. You may go on to develop symptoms over the next few days.	You should immediately self-isolate and await the result . <ul style="list-style-type: none"> • If you receive a positive result you should continue to self-isolate. or • If you receive a negative result you can return to your daily activities. 		
	You can end self-isolation when: <ul style="list-style-type: none"> ✓ You have 2 consecutive negative LFD test results from day 6 onwards, taken 24 hours apart, and don't have a fever or high temperature; or ✓ You have completed your 10 day self-isolation as long as you don't have a fever or high temperature. 	You can end self-isolation when: <ul style="list-style-type: none"> ✓ You have 2 consecutive negative LFD test results from day 6 onwards, taken 24 hours apart, and don't have a fever or high temperature; or ✓ You have completed your 10 day self-isolation as long as you don't have a fever or high temperature. 		

*Children under the age of five who are close contacts do not need to self-isolate or take daily LFD tests, but are recommended to take a test. If the child is under the age of five and has or develops symptoms then they should take a [PCR test](#)