

EMPLOYEE EQUALITY FORUM EVENTS

Mental Health Workshop Series on Teams

17 May 2022, 11am - 1pm

Promoting Positive Mental Health

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9 June 2022, 11am - 1pm

**Challenging stigma around
Mental Health**

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15 September 2022, 11am - 1pm

Suicide Prevention

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The aim of the sessions is to provide employees with opportunities to talk about mental health issues, how people are affected by these and how to access support and resources.

For more information or to register your attendance please email employeeequalityforum@northlan.gov.uk or text your name, service and email address to **07583 030918**.

Everyone Welcome!

